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Get acquainted with your neighborhood grocery stores.

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Learn how to cook all meals of the day in your dorm room with this four-part series.

FALL CALENDAR

Aug. 24

Classes begin.

Aug. 29

Last day of official add-drop period.

Sept. 5

Labor Day holiday. No classes.

Sept. 9

Last day to drop a class for possible refund.

Oct. 19

Last day to change a class to or from pass/fail or credit/no credit.

Oct. 20-21, 24-26

Academic advising for spring semester students.

Oct. 24-Nov.4

Registration for spring semester students.

Nov. 8

Tuition bills distributed for spring semester students.

Nov. 24-26

Thanksgiving holiday. No classes.

Dec. 2

Last class day.

Dec. 5-6, 11

No classes. (Tip: Study for your final exams.)

Dec. 7-10, 12-13

Fall semester final exams.

Dec. 14

University residence halls close at 9 a.m.



SAVING SPACES

organize your dorm room with these 10 products

By Jordan D. Schraeder | Special Editions Staff

Your dorm room should be your home-away-from-home, a haven from long lectures and boring professors, as well as an expression of your individuality. But creating that environment is easier said than done. With limited space and two student's worth of stuff, it's almost like real-life Tetris: What will go where? Well, let us give you some cheats that will make your dorm-room puzzle much simpler to solve. Check out these 10 must-have space-savers before you start unpacking:

1. BED RISERS

Extra-long twin bed, meet your new best friends. Bed risers are amazing because they can add anywhere from three to eight inches of height to your underbed storage space, making it easier to hide a collection of clear tubs (see product #7) underneath. Walmart offers an adjustable set, only \$11.99, that allows you to choose between a three, five or eight-inch boost.

2. MIRRORS

You need to buy a mirror. A bit obvious, right? Well, yes, but there's a hidden benefit. Adding mirrors, regardless of size or shape, creates the illusion of a bigger room — something imperative to surviving a year (or two!) of dorm life. Right now, both Target and Walmart are running sales on full-length mirrors. Pick up a \$4 version in a bright color for an extra pop of personality and instant room expansion.

3. COMMAND HOOKS

Even if you aren't planning to use these hooks, pick some up anyways. Just trust me on this one. Look past the boring uses — picture frames, keys, calendars — and just think of all the possibilities! Hang decorative scarves, jewelry or that funky umbrella (yes, you will need an umbrella



Photos by Stephanie Bathurst | Special Editions file photos

in Austin) to add a bit of pizzazz to your white walls. Buy a two-pack at Walgreens for just \$3.49.

4. SLIMLINE HANGERS

There is a lot to be desired when it comes to a dorm-room closet. Thankfully, there

are multi-use Slimline hangers. With built-in hooks and an accessory bar for ties or belts, it's easy to create an entire outfit on a single hanger. And by utilizing a super-slim variety, you'll add up to 50 percent more room to your closet. Score! Get a 12-pack at Bed Bath & Beyond for only \$10.

5. STORAGE OTTOMAN

If you're adding extra furniture to your dorm layout, it better be pulling double-duty. A storage ottoman does just that; it hides clothing, towels or those textbooks you'll never use and creates bonus seating for hang-out sessions. Target has a \$14 version in stores now — stay neutral with black or navy, or embrace your wild side with an in-your-face teal ottoman.

6. COLLAPSIBLE HAMPER

Let's get real: you probably aren't going to be doing laundry on a weekly basis. So, your dirty clothes are bound to accumulate, taking up much-needed floor space and most likely annoying your roommate. The beauty of a collapsible hamper is this: It can fit anywhere. It can be stuffed, squeezed, shoved and scrunched into the dark, hidden places at the back of your closet or under your bed. (Just

SPACE continues on **PAGE 2**



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MOOOV-ING IN 2010



Joey Hubble, an RA last year at Dobie, helps new and returning students during the final day's of last year's Moov-In event.

Erika Rich
Daily Texan file photo

CONSIDERATIONS BRIEFLY

Register your property

As a new and free service to UT students, faculty and staff, UTPD has created an online system for registering anything valuable to you as long as it has a serial number. Property theft is a problem on campus with the most popular items stolen being laptops and cell phones. You need the make, model, color and serial number to register items and can do so via UTPD's website: utexas.edu/police/.

NOTE: You may register your bike here as well, but you are also required to register bikes

with Parking and Transportation Services.

Prepare for the siren testing

Don't necessarily jump under your desk when you hear the sirens. The University installed a siren system in 2007 that is tested on a monthly basis. The tests occur the first Wednesday of every month at around 11:50 a.m. and last no longer than one minute. You do not need to do anything during a test. To find out more about the siren system and what to do during a campus emergency, visit utexas.edu/safety/sirens/.

Take a RAD class

The Rape Aggression Defense

classes teach women self-defense techniques against various types of assault. Offered free to UT students, faculty and staff, these classes focus on awareness and prevention first, before entering into hands-on training. For the fall schedule and to sign up for a class, visit utexas.edu/police/rad/.

Conduct yourself appropriately

For information on the do's and don'ts (mainly don'ts) of how to act as a student, you should visit deanofstudents.utexas.edu/sjs/conduct.php. Read through the rules in each section, and remember your particular college may have rules of its own.

SPACE continues from PAGE 1

don't forget it's there!). Ikea currently has a great silver hamper for only \$7.99, with a bonus carrying strap for the long haul to the laundry machines.

7. CLEAR CONTAINERS

Using clear tubs for storage is probably the oldest trick in the book — and one of the cheapest. No need to spring for expensive specialized underbed storage. With the help of bed risers, clear tubs double as drawers, holding anything from T-shirts to school supplies to bed linens. Go the extra mile by adding a colorful label to each tub to identify what's inside. That way, when you're getting ready for your 8 a.m. class, you won't wake up your roommate by rummaging through tub after tub until you find the right one. An extra tip: Buy in bulk. Clear tubs can run \$10 apiece, but Target offers a set of six for only \$35 — saving you \$25 that's better spent elsewhere.

8. BEDSIDE STORAGE CADDY

If I had known about bedside storage caddies two years ago, I may have never purchased a nightstand. Conserve floor space by attaching one of these nifty inventions to your mattress. With pockets for remotes,

tissues, books and a water bottle, who needs a nightstand anyways? Check out the array of colors that Bed Bath & Beyond has to offer for only \$9.99.

9. WALL DECALS

I'll admit, this isn't really a storage tip. But that doesn't make it any less important! Take advantage of your wall space with adhesive wall decals. They're efficient and effortless; they don't protrude from the wall and don't require extra equipment to hang up. Plus, it's an easy and affordable way to show some personality. Walmart is carrying tree branch, chandelier, floral and geometric versions right now, ranging from \$10 to \$24. Or, if you're feeling extra school-spirited, spring for the \$95 Fat-Head mural of Bevo — definitely worth the investment.

10. WALL SHELVES / WALL MOUNT

It just wouldn't be a college dorm room without pictures of your family and friends to remind you of home. Save precious desk space by installing wall shelves — just \$6.99 for a sleek black one at Ikea — for all of the picture frames, trophies and knickknacks you just couldn't leave home without. A TV wall mount serves the same purpose, allowing you to keep your dresser free for other storage. Purchase a TV mount from Amazon.com for the best deals. Prices start at just \$15 plus shipping.

THE DAILY TEXAN

This newspaper was printed with pride by The Daily Texan and Texas Student Media.

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08/19/2011

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| Monday |Wednesday, 12 p.m. | Thursday |Monday, 12 p.m. |
| Tuesday |Thursday, 12 p.m. | Friday |Tuesday, 12 p.m. |
| Wednesday |Friday, 12 p.m. | | |

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Need to get out? Check out these nearby spots for entertainment

SPIDER HOUSE
Spider House has been a student favorite for years as a place conducive to both studying and socializing. With regular weekly events, a lighted patio and art shows, this Austin original is a great near-campus entertainment joint. In recent years, Spider House has expanded to include a full menu and bar in addition to its range of coffee options.
Location: 2908 Fruth St.
Hours: every day 7 a.m. - 2 a.m.
Contact: 512-480-9562; spiderhousecafe.com
Check out: The KVRX Summer Series; on Friday, Aug. 26 at 8 p.m. at Spider House's 29th Street Ballroom, brought to you by Texas Student Media's own student-run radio station, KVRX 91.7 FM.

TEXAS UNION
For campus groups and organizations, the Union serves as a major meeting location every semester. In addition to being a well-known lunch spot, the Union also provides much entertainment for students throughout the year including speakers, performers, movie nights and many other worthwhile events.
Location: 2247 Guadalupe St. (at 24th and Guadalupe streets)
Hours: varies
Contact: 512-475-6636; utexas.edu/txunion
Check out: Union Underground. The basement of the Union delivers with black-light bowling, billiards, other games and a laptop lounge.

BLANTON MUSEUM OF ART
It's not just the collection of some 17,000 works of art that keep students coming back here. The Blanton, which opened its

doors in 2006, is the art museum of the University. It offers five massive permanent collection in addition to recent acquisitions, incredible visiting exhibits and regular events.
Location: 200 E. Martin Luther King Jr. Blvd. (at Congress Avenue)
Hours: Tuesday-Friday 10 a.m. - 5 p.m.; Saturday 11 a.m. - 5 p.m.; Sunday 1 p.m. - 5 p.m.; closed Mondays
Contact: 512-471-5482; blantonmuseum.org
Check out: The public tours. Learn how artists have treated portraits at About Face: Portraiture as Subject, on Saturday, Aug. 20 from 3 p.m. - 4 p.m.

TOY JOY
A constant source of entertainment, this jam-packed toy store is a few blocks north of campus and has more gadgets, balls, games, books, stickers, lights, magnets and gifts than anyone would know what to do with. So, stressed or bored students can leave their dorm rooms and have a fun time at this place, letting off steam and just goofing off. Toy Joy also has some tasty beverages and vegan soft-serve.
Location: 2900 Guadalupe St.
Hours: Sunday-Thursday 10 a.m. - 11 p.m.; Friday-Saturday 10 a.m. - midnight
Contact: 512-320-0090; toyjoy.myshopify.com
Check out: The wind-up toys. Located right at the register, these moving plastic trinkets come in various animals and make great quick gifts.

TEXAS STATE HISTORY MUSEUM
The Bob Bullock Texas State History Museum should be one of the first destinations, not only for those who forgot their seventh-grade Texas history but especially for those who are new to Texas.



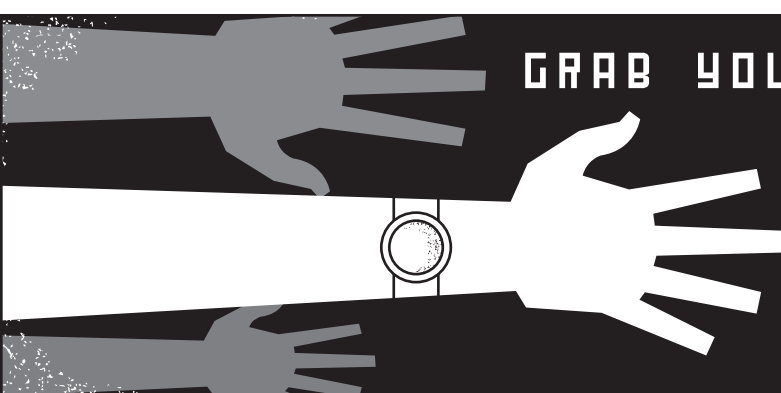
Patrons enjoy the eclectic outside patio at Spider House Cafe on Fruth Street. Spider House has been a regular spot for students interested in studying and socializing in one place.

This museum tells "The Story of Texas" in three floors of exhibits and also features a cafe and museum store.
Location: 1800 N. Congress Ave.
Hours: Monday-Saturday 9 a.m. - 6 p.m.; Sunday noon - 6 p.m.; IMAX hours vary and may have show times after the museum closes
Contact: 512-936-8746; thestoryoftexas.com
Check out: The IMAX. Whether you go

to see a major movie or one of the 3D options, this screen makes the experience that much better.

TEXAS PERFORMING ARTS
Not quite one spot, Texas Performing Arts has six venues that cater to a variety of entertainment interests. Featuring Broadway productions and renowned orchestral acts, the university-based arts

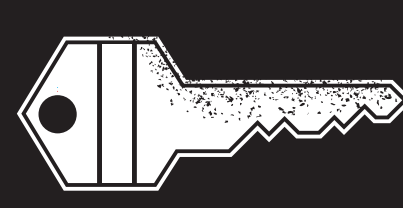
center is a great place for those first dates and parent visits.
Location: (Administrative Offices) 2350 Robert Dedman Dr.
Hours: (for guest services) Monday-Friday 9 a.m. - 5 p.m.
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Students have a variety of options for buying textbooks



Patrick Lu | Daily Texan file photo

Austin TXbooks

Formerly Beat the Bookstore, this store boasts the lowest local prices on textbooks in Austin. Austin TXbooks buys and sells books and recently added an online rental option. The store's new website should be up soon. It's also nice to know that Austin TXbooks donates dead books to charity. Contact: 2116 Guadalupe St.; 512-499-1559; atxbooks.com

BookHolders

The newest textbook seller just off campus in Dobie Mall, BookHolders offers more than just book buybacks and a convenient location. Starting in College Park, Md., BookHolders.com boasts typically higher cash back and an online selling system that, once a book sells, pays sellers more. In addition to its

worthwhile book-selling options, BookHolders also has a great selection of textbooks to buy. Contact: 2025 Guadalupe St.; 512-377-9543; bookholders.com

University Co-op

While many say the Co-ops textbook prices aren't the best, the place has nearly every textbook imaginable. The Co-op now has a rental option and has a long-time rebate program in which students, faculty and staff receive a percentage back from their purchases in the form of store credit. Contact: 2246 Guadalupe St.; 512-476-7211; universitycoop.com/

West Campus Books

This bookstore, started in 2008 by a UT engineering student, offers students buying, selling and renting services for textbooks. For less than \$400, a student can

rent textbooks for both semesters. The best part is that West Campus Books provides free delivery. Contact: 512-638-0447; westcampusbooks.com/

eTextbooks

Just as ebooks have become a popular alternative to print editions, eTextbooks have shown up as a less expensive option for students. While printing is limited to a certain number of pages at a time, some eTextbook publishers have allowed for electronic highlighting and note-taking. So if you don't mind reading and taking notes on-screen, eTextbooks may be the textbook alternative for you. The only downside is that the eTextbook market is still young, meaning many textbooks are not yet available in electronic form.

Additional options

If you don't like what you see at the major textbook vendors, you may want to tap these resources:

• **Longhorn Book Exchange - longhornbookexchange.com**

A free and easy service, this site allows students to buy, sell, swap and trade used textbooks, with exchanging happening quickly as long as someone has the book.

• **Craigslist - craigslist.com**

Students often buy and sell their used textbooks on Craigslist, so maybe you'll get lucky and a book you need will be available.

• **Amazon - amazon.com**

You can buy used or new here and both the prices and selection tend to be reasonable. You would have to pay for shipping, though.

• **UT Libraries - lib.utexas.edu**

Many textbooks are available to check out from various UT libraries, but you have to act fast as they get swiped up pretty early.

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University provides wide range of on-campus services

While you may have heard of these departments and offices on campus, many students, especially incoming freshmen, aren't quite sure how to utilize these. Below is a list of some of the most useful resources and services available for students. For a complete list, visit deanofstudents.utexas.edu/.

PARKING AND TRANSPORTATION SERVICES

PTS, which functions under Campus Safety and Security in the Office of the Vice President for Employee and Campus Services, manages all the parking spaces, garages and lots. This is the office that issues those cherished parking permits as well as those dreaded parking tickets. PTS also provides assistance vehicles on campus, such as jump-starts and opening locked doors. Contact: 512-471-PARK; utexas.edu/parking/

DIVISION OF HOUSING AND FOOD SERVICE

Responsible for all on-campus residences, DHFS's nearly 1,000-person staff provides any and all services to those living on campus. This office is in charge of your dorm room and your dining hall. If you have questions about living and eating on campus, DHFS is the office to contact. Contact: 512-471-3136; utexas.edu/student/housing/

UNIVERSITY HEALTH SERVICES

From simple check-ups to stress-management workshops, UHS provides a number of services for students. Most of these services are low-cost and include general medical care, urgent care, an on-site pharmacy and a 24/7 nurse advice hotline. Check out the Incoming Students page on UHS' website for more information. Contact: 512-471-4955; healthyhorns.utexas.edu/

CAREER EXPLORATION CENTER

While your future career is probably not the first thing on your mind this year, the Career Exploration Center is available for major and career counseling. You can set up an appointment with this office to discuss questions and concerns about your choices. Contact: 512-471-1217; lifelearning.utexas.edu/



Texas Student Media file photo

Campus visitors walk toward the Student Services Building, where most of the offices and departments serving students are housed. The SSB is located on Dean Keeton Street between Wichita Street and University Avenue.

INFORMATION TECHNOLOGY SERVICES

ITS is in charge of all things technology at the University. If your UT EID isn't working, you can't gain access to the wireless network or your computer is simply acting up, ITS can help. For all students, ITS provides computer repair services at a cost determined by the necessary service. Contact: 512-475-9400; utexas.edu/its/

UT POLICE DEPARTMENT

As the University's police force, UTPD has the same authority as most municipal police departments, which means officers can make arrests, pull over cars and enforce laws. This also means the UT community has police officers available 24/7, providing a safer environment on and around campus. Contact: 512-471-4441; utexas.edu/police/

STUDENT FINANCIAL SERVICES

The Office of Student Financial Services is

where you go to learn about and manage your financial aid. For most students, this is an important office that determines aid status, assists with scholarships and offers advice on finding work on campus. Check out the 15th annual Work-Study Job Fair in the Texas Union on Aug. 30 from 10 a.m. to 1 p.m. Contact: 512-475-6282; finaid.utexas.edu/

COUNSELING AND MENTAL HEALTH CENTER

With a 24-hour counseling hotline, the CMHC also staffs licensed psychiatrists, social workers and professional counselors to all UT students. The CMHC also offers group counseling and classes and is a great resource for incoming students to ease to transition into college life. Contact: 512-471-3515; cmhc.utexas.edu/

UT LEARNING CENTER

As part of the Sanger Learning & Career Center, the learning center provides peer tutoring by appointment and on a drop-in basis. It is an especially useful resource for first-

and second-year students taking math and science courses. The center also offers specialists and assistance in other subject areas. Contact: 512-471-1217; lifelearning.utexas.edu/

GENDER AND SEXUALITY CENTER

As a unit of the Division of Diversity and Community Engagement, the Gender and Sexuality Center is a place for students in the UT community to explore and discuss issues of gender and sexuality. The center is also an important resource to provide assistance and support for female and LGBTQ students. Contact: 512-232-1831; utexas.edu/diversity/ddce/gsc/

MULTICULTURAL INFORMATION CENTER

A support center for the diverse student population, the MIC focuses on educational opportunities for these students. The MIC is also home to student agencies including

Afrikan American Affairs, Asian Desi Pacific Islander American Collective, Latina/o Leadership Council, Longhorn American Indian Council and Students for Equity and Diversity. Contact: 512-232-2958; utexas.edu/student/mic/MIC/

SERVICES FOR STUDENTS WITH DISABILITIES

SSD provides assistance, accessibility and accommodations to students with disabilities. From learning disabilities to impairments and injuries, SSD works to assure equal access and opportunities for all students. Contact: 512-471-6259; utexas.edu/diversity/ddce/ssd/

INTERNATIONAL OFFICE

Specifically serving international students, this office provides support for these and other English-as-a-Second-Language students. The International Office also houses UT's Peace Corps recruiter and the Study Abroad Office for students looking to spend a semester in another country. Contact: 512-471-2477; utexas.edu/international/

GREEK LIFE AND INTERCULTURAL EDUCATION

The Greek Life and Intercultural Education office operates under the Office of the Dean of Students and serves to support and provide leadership opportunities to Greek and multicultural councils and chapters. Contact: 512-471-9700; deanofstudents.utexas.edu/glie/

OFFICE OF THE REGISTRAR

Students come to know this office quite well when they register for classes and when they want to add/drop. This is also where students can request transcripts, access grade reports, see course schedules and clear bars on registration. Contact: 512 475-7575; registrar.utexas.edu/

TEXAS STUDENT MEDIA

TSM is the organizing body that oversees all student-run media on campus. This includes The Daily Texan, Texas Travesty, Texas Student Television, KVRX 91.7 FM and the Cactus Yearbook. TSM is the place to go for information about these entities, especially if you're interested in working for any of them. Contact: 512-471-1084; utexas.edu/tsm/

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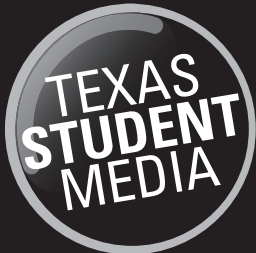
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MOOOV-IN EDITION MAP

August 19 2011



LOSING AN ID/KEY

If you lose your ID or key immediately go to the appropriate 24-hour desk to check out a temporary key and/or ID card to gain access to residential living areas and dining facilities. Keys may be checked out for a maximum of 72 hours.



BEVO BUCKS

Bevo Bucks can be used at participating merchants on or off campus for food and non-food purchases. Check the Bevo Bucks website for a list of participating merchants and merchant of the week specials. utexas.edu/student/bevobucks



ECO2GO PROGRAM

Decrease your waste and save money when you join the Eco2Go program at Jester City Limits, Littlefield Patio Café and Cypress Bend Café. It only costs \$5 to join the program and you save 5% off your meal every time you use the reusable container.



FLUORESCENT BULBS

Residents are required to use compact fluorescent bulbs instead of incandescent bulbs for lamps in dorm rooms.

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| (B) Blanton Residence Hall | 2500 University Avenue |
| (C) Brackenridge Residence Hall | 303 E. 21st Street |
| (D) Carothers Residence Hall | 2501 Whitis Avenue |
| (E) Almetris Duren Residence Hall | 2624 Whitis Avenue |
| (F) Jester Residence Hall | 201 E. 21st Street |
| (G) Kinsolving Residence Hall | 2605 Whitis Avenue |
| (H) Littlefield Residence Hall | 2503 Whitis Avenue |
| (I) Moore-Hill Residence Hall | 204 E. 21st Street |
| (J) Prather Residence Hall | 305 E. 21st Street |
| (K) Roberts Residence Hall | 303 E. 21st Street |
| (L) San Jacinto Residence Hall | 309 E. 21st Street |
| (M) Creekside Residence Hall | 2500 San Jacinto |
| (N) Whitis Court Residence Hall | 2610 Whitis Avenue |

DORM GUEST HOURS

Only residents and their guests are permitted in the residence halls. Guest hours for the Residence Halls are:

Sunday – Thursday 10 a.m. – 11:30 p.m.
Friday – Saturday 10 a.m. – 1:30 a.m.

During these times, you may have guests from other floors, from other residence halls or from off-campus as long as they are properly escorted (see Escort Policies). Opposite-sex guests are not permitted to visit your room at any time other than during designated guest hours.

Beginning in the Fall 2011 semester through the end of the Spring 2012 semester, Division of Housing and Food Service will implement a pilot project that will allow for students who reside in Moore-Hill and Duren Residence Halls to have guests 24 hours a day. For additional details refer to the Residence Hall Manual.



BICYCLES

Parking and Transportation Services (PTS) requires that bicycles on campus be registered. Visit their website for more information: utexas.edu/parking/transportation/biking/.



SHUTTLES & BUSES

UT students may ride Capital Metro mainline buses free on any route in the city by presenting a valid UT photo ID upon entering the bus. utexas.edu/parking/transportation/



ONLINE

For in-depth information about housing and living on campus check out: utexas.edu/student/housing/



QUIET HOURS

Quiet hours are enforced in all residence halls from 10 p.m. – 9 a.m. The noise level during these hours should be such that if the room door is closed, a person walking down the hall could not hear anything.



PETS

Fish in small aquariums are the only pets allowed. Any other animals found in the residence hall will be removed at the expense of the resident, who will be subject to disciplinary action.



MAIL

When mailing do not insert "The University of Texas at Austin" in the address - your mail will be delayed. If you live in Jester be sure to place an "M" for east or a "W" for west before the room number.

Visit the Division of Housing and Food Service website for more information about living on campus:
utexas.edu/student/housing

Bookmark UT's available Web resources while you're browsing online

By Jordan D. Schraeder
Special Editions Staff

You've got Facebook, Twitter and even Google + down pat — but those sites won't necessarily help you when you arrive at

UT this fall. The University offers many online resources designed to make life on the Forty Acres a bit simpler. Bonus: They are all free to students! Check out our list of the sites you need to know prior to your August move-

in date.

HIREALONGHORN
hirealonghorn.org
Strapped for cash? HireALonghorn is a database for part-time, work-study and seasonal jobs

on- and off-campus. After creating your personal profile and uploading your resume, search the job bank by position type or browse the employer directory. Each job posting features important information like the number of hours per week, hourly wage and employer contact information. Email your resume directly through HireALonghorn to make the application process quick and stress-free.

BLACKBOARD
courses.utexas.edu

By now, all incoming freshmen should be familiar with the Longhorn Bible: Blackboard. But what you don't know is that Blackboard can actually double as a BlackBerry. In addition to viewing your grades, Blackboard also offers a calendar, address book and a place to keep all of your tasks organized. You can send emails to your professor, TA or entire class right on the site. And of course, you can view class assignments, syllabi and documents for each course you take, all in one place.

UT LISTS

utlists.utexas.edu
Signing up for UT Listservs should top your list of things to do before you even arrive at the 40 Acres. These lists are essentially newsletters for all sorts of UT-related organizations, including sports teams, student clubs and campus news. Hearing about the latest events, meetings and elections can help you get connected to the University community in a snap. Put your summer boredom to use by signing up for student organizations that interest you.

UTMAIL

utmail.utexas.edu
One of UT's latest online endeavors, UTMail is an updated version of the old WebMail system. (Webmail had the 'mail.utexas.edu' domain, while UTMail has the simpler 'utexas.edu' version.) Partnering with Gmail, UTMail offers you a university-affiliated email address that's great for demonstrating Longhorn pride and, more importantly, looks professional on a resume. With more than seven gigabytes of storage, it's safe to say your UTMail ac-

count will stay with you long after graduation.

ACCESSUT

accessUT.utexas.edu
Career-minded freshmen, listen up — start preparing for the real world with internships located on the AccessUT database. Students and alumni can browse through professional, career-oriented job and internship opportunities sorted by college. While there is no place to upload a resume, each listing provides employer contact information, salary, job requirements and application instructions.

WEBSITE

webspace.utexas.edu
Similar to services like Dropbox and SendSpace, Webspace stores copies of your files on — you guessed it — the Web, making them accessible from any computer with an Internet browser and saving you a ton of printer ink. Use your one gigabyte of storage to collaborate with classmates via electronic docs, a la GoogleDocs, and publish a personal website.

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WHEN & WHERE?
✓ Thursday, Sept. 1 at 4 p.m. at Red and Charline McCombs Field (on Comal between Manor Rd. and M.L.K. Blvd.)

For more information or in case of rain on scheduled tryout day, please call Terry Zavala at 471-6230.

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Photo Illustration by Shannon Kintner | Daily Texan Staff

Fight the ‘freshmen 15’

By Ian Floyd
Daily Texan Guest Columnist
Originally published Sept. 14, 2010

Beware freshman, a monster lurks in these parts.

With no parents to coddle to every need, there is an excess of responsibility and limitless possibilities for a good time. College is a new and untamed jungle, and like most wilderness, there is a creature that preys on the weak. Infamous for striking unsuspecting freshman during the first semester, it causes fatigue, inability to fit into tight clothing and other serious health risks if not warded off.

This cretin is world renowned, known as “15 del primer año,” in Spain, but it’s most commonly referred to as “The Freshman 15.”

But, don’t fret — with simple knowledge of campus and a little conventional wisdom, fending off unwanted weight will be met with ease. There are a few main eateries across campus that offer a wide selection of food items from sandwich wraps to loaded baked potatoes to all-you-can-eat buffets to the fast food quarters of the Union. No matter where you go or what you eat, there are few valuable rules to keep in mind.

Balance your meal. Eating chicken fried steak, mashes potatoes with gravy, French fries and a roll carries enough starch to clog the arteries of a herd of elephants.

“There is no shame in not having washboard abs, but everyone should be able to comfortably walk around campus and not feel like their heart is about to explode.”

Add some greens or an orange perhaps. Every food joint on campus offers more than just foods that will kill you. By investing in one side dish that comes from the salad or fruit bar, you are giving your body natural vitamins, minerals and antioxidants that help the human body function properly and with ease.

For the most part, you should drink only clear liquids. Water is humanities’ gasoline. However, after a day in blistering heat, your body needs to refuel its electrolytes. Sprite and Gatorade are fan-

tastic sources for electrolytes and have no caffeine. If you start to crave energy drinks or soda (other than Sprite), run like any generic blonde in a Michael Myers movie. A 16-ounce can of a Monster energy drink contains 160 milligrams of caffeine and 54 grams of sugar. In other words, they are bad.

Exercise more than you eat. As a full-time student enrolled in at least 12 class hours, you are already forced to receive the bare minimum of exercise by walking from class to class. But don’t let that be the extent of your physical activity. Gregory Gym is a world-class establishment with three outdoor pools, one indoor pool, a weight room, basketball courts, volleyball courts and a variety of recreational activities. Jester residents have absolutely no excuse for a lack of exercise — located on the corner of 21st Street and Speedway, it’s directly parallel to the gym. Any other dormitory resident should use the long trek to the gym as a warmup jog to their upcoming workout. Gregory Gym is also free for UT students, open late and user-friendly. Go there.

There is no shame in not having washboard abs, but everyone should be able to comfortably walk around campus and not feel like their heart is about to explode.

Floyd is an English freshman.

Another reminder about getting Longhorn tickets

The first step in gaining access to those all-important UT games is to purchase a Longhorn All-Sports Package when you first register for classes. If you do not purchase it then, you may buy one at the stadium’s box office. This sports package costs \$80 for the school year and will get you into all games as long as there is still space available (with the exception of football and basketball).

FOOTBALL

A student-reserved seat season ticket costs \$60 in addition to the price of the LASP. There are only a limited number of season tickets available to students. Student-reserved-seat season tickets are located in the east side lower deck, east side upper deck and north end zone of the stadium. Ticket orders are filled according to the priority system. One guest season ticket may be purchased at full price adjacent to the student season ticket. Tickets may be purchased at TexasBoxOffice.com.

Students with an LASP who do not have tickets can get into home games via the football ticket draw. The draw is a per-game distribution of tickets at the Athletics Ticket Office for football games. As long as seats are available, each LASP holder may draw a ticket upon presentation of a valid LASP ID. No guest tickets will be available for purchase unless tickets remain after the designated draw period.

OKLAHOMA AND AWAY GAMES

Only those students who purchase both the LASP and student season tickets are eligible to

purchase tickets for the OU game and other high-demand away games, initially. LASP student season ticket holders have the first opportunity to purchase Texas-OU tickets at full price through the student season ticket order process. For other high demand away games, LASP holders who do not purchase the student season ticket will only be eligible to purchase tickets to these games if tickets remain after student season ticket holder requests are processed.

BASKETBALL

Students may purchase an O-Zone pass for basketball games that guarantees them a seat. This can be purchased on top of an LASP. Students with an LASP can get into the games for free as long as there are spots available. Some big games may have a draw ahead of time.

BASEBALL • SOFTBALL • VOLLEYBALL • SOCCER • TENNIS

As long as seats are available, these sports are free for students who have an LASP and who present a valid UT ID upon admittance.

CROSS COUNTRY • GOLF • ROWING • SWIMMING & DIVING • TRACK & FIELD

Regular season events are free and open to the public.

Looking for more? Visit the Student Orange Bloods’ fan site for additional information about tickets, promotions and scheduling at texassports.com/sports/sobs/tex-sobs-body.html.

RecSports delivers on fitness, sports, fun

UT’s Division of Recreational Sports manages the fitness facilities we have on campus, such as Gregory Gymnasium. RecSports also offers a number of amenities and sports options students should take advantage of while at UT. Below is a list of some of the programs available through RecSports. Visit the division’s website at utrecsports.org for more information.

INTRAMURAL SPORTS

From team sports to individual and dual events, intramurals at UT are a popular activity for students interested in playing sports for fun. There are leagues as well as weekend tournament formats available, and students can choose from men’s, women’s and coed divisions. Students who haven’t

formed a team may register as free agents and either form a free-agent team or join a team in need of players.

CLUB SPORTS

For those students interested in a different kind of game play, RecSports offers club sports. The clubs range from roller hockey and ballroom dance to badminton and powerlifting. Some of the clubs compete in games and tournaments while others serve to promote recreational participation or to provide instruction in a particular field.

FITNESS/WellNESS

The Fitness/Wellness Program includes TeXercise classes, personal training, group cycling, pilates reformers, clinics and series. The

program’s classes primarily focus on getting and staying in shape. To participate in these classes and clinics, students must pay an additional fee per semester.

RENTAL CENTER

Whether you’re going camping or just looking for some extra equipment for a weekend outing, RecSports has got you covered. For reasonable rates, you can get anything from a two-burner stove to a five-person tent.

MASSAGES

The first year of college can be stressful! Relieve that stress by taking advantage of the massage options available through the Fitness/Wellness program. Massage prices vary by length and type, but all include student rates.

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DORM COOKING

Make rich, enjoyable dorm-room desserts without the baking

By Sara Benner
Daily Texan Staff
Originally published April 11, 2011

As the final installment of this series, it's only fitting we do it justice by wrapping it up with desserts. For those with a big sweet tooth but a small store of patience, these dorm-friendly treats are a quick solution to a serious sugar craving.

NOT-SO-BAKED APPLE CRISP

Even if the only thing you have in your minifridge is half a six-pack and a jar of old, crusty mayonnaise, all of the ingredients in this recipe are easily accessible from any on-campus convenience store and don't require an oven to bake.

There are two components to an exceptional apple crisp: the apples and the crumbly topping. To "bake" the apples, wash, peel and chop a Granny Smith apple into equal pieces, so that the pieces will cook evenly in the microwave. After you have completed this task, put the chopped apple into a bowl and add 1 tablespoon of water or apple juice, eight sugar packets and a pinch of salt. Stir so the sugar granules are well distributed on the apple pieces.

Microwave the apples for four-and-a-half minutes or until the apples are translucent and tender. After the apples are finished cooking, drain the excess liquid.

To make the crumble, pour your cinnamon and apple oatmeal into a bowl. If you can go off-campus, try using the Better Oats brand be-

cause the large grains create the perfect texture for the topping. Next, add 1 tablespoon of margarine or butter and one sugar packet to the oatmeal. Using your hands, blend the ingredients together until the grains begin to stick together and the margarine is well incorporated. Pour the crumble on top of your baked apples and microwave them for 15 seconds.

Remove from the microwave and enjoy.

MESSY MICROWAVE MOLTEN LAVA CAKE

Perhaps the most sinfully rich thing that's ever come out of your microwave, in fewer than seven minutes, you'll be in heaven with this chocolate cake.

First, carefully measure out your dry ingredients (cocoa, sugar and flour) and put them in your mug. Use the back of a knife to level your measuring spoon scoops. In baking, precision is of the utmost importance.

Blend your dry ingredients together and add your wet ingredients: milk, vegetable oil, egg whites and vanilla. Again, pay careful attention to your measurement precision. Then, using a fork, vigorously whip the wet and dry ingredients together for two minutes, or until you have sung the happy birthday song to yourself six times. If your whipping skills are not quite up to par, or you're just a messy person, whip your ingredients over a sink, so your roommate doesn't get revenge by cleaning the floor with your toothbrush.



This apple crisp is a quick, 10-minute dessert that students can bake in their dorm rooms using a microwave.

Corey Leamon | Daily Texan Staff

After all of your ingredients are well-blended, and you have stained nearly everything in sight with cake batter, put your chopped candy-bar pieces on top of the batter, concentrated toward the center. If desired, sprinkle a little less than a

handful of milk chocolate chips on top, too.

Next, put your chocolaty concoction into the microwave for two-and-a-half minutes. If the cake batter looks runny or cannot be separated from the sides of the

mug easily, return it to the microwave for 10 seconds and check on it, repeating until the cake is moist but consolidated. You can test how done it is by sticking a toothpick or straightened paperclip into the cake. If it removes cleanly, then it's

ready.

When the cake is finished baking, take it out from the microwave and let it cool for a few minutes. Finally, adorn with a decorative squirt of whipped cream and a sprinkle of cocoa. Enjoy.

MICROWAVE MOLTEN LAVA CAKE

The Goods:

- 3 tbsp. unsweetened cocoa
- 3 tbsp. sugar (12 sugar packets)
- 1 tbsp. flour
- 3 tbsp. milk
- 3 tbsp. vegetable oil
- 3 tbsp. egg whites from carton, or 1 large separate egg, or roughly two small ones
- 1/4 tsp. vanilla

The Tools:

- Microwave
- Measuring spoons
- 1 Fork
- 1 Knife
- 1 Large mug (holds more than 1 1/2 cups)



Serves 1

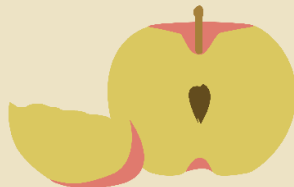
APPLE CRISP

The Goods:

- 1 peeled and chopped Granny Smith apple
- 1 packet of Better Oats Apples and Cinnamon Oatmeal
- 1 tbsp. margarine
- 1 tbsp. water or apple juice
- 9 sugar packets
- Pinch of salt

The Tools:

- Microwave
- Potato peeler
- Knife
- Fork
- 2 bowls



Serves 1

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GREYSTAR

RECIPES continues from PAGE 16



Mary Kang | Daily Texan Staff

Return the bread to the inside of the parchment paper. Place the iron on top of the bread for one minute. Then use circular motions to distribute the heat to all parts of the bread for 45 to 60 seconds. Flip and repeat for the opposite side.

Continue flipping the bread, toasting each side for 30 seconds at a time until the bread achieves a golden-brown glow. The total time will vary depending on your iron. When you are finished, unplug your iron.

Garnish with your favorite toppings — whipped cream, fresh fruit, butter

FRENCH TOAST

The Goods

- 2 slices of stale store-bought cinnamon bread (or white bread with an added 1/8th tsp. cinnamon and 1 tsp. of sugar)
- 1 egg
- 1 shot of milk (1.5 oz.)
- 2 sugar packets (2 tsp.)
- Pinch of salt
- Sprinkle of cinnamon (1/8 tsp.)
- Splash of vanilla extract (1/8 tsp.)
- Garnishes: syrup, powdered sugar, fresh fruit (optional)

The Tools

- Clothing iron
- Ironing board
- Shot glass
- Parchment paper
- Nonstick cooking spray
- Scissors
- Bowl (or mug or cup)
- Dinner plate (or bowl with a flat bottom or Tupperware)
- Fork

or syrup — and enjoy. To cut down on your cooking time, make the French toast batter the night before and refrigerate for use in the morning.

SCRAMBLED EGGS

Cooking eggs in the microwave is a culinary skill possessed by many college students. But with a little extra flavor and sass, these scrambled eggs straight from the dorm are perfect for nursing post-Roundup hangovers.

Crack the egg into the bowl and beat with a fork until thoroughly blended. Add diced red and green bell peppers, salt, onion and cheese. Cook in the microwave for 30 seconds and stir. Repeat until eggs are no longer translucent or runny.

Enjoy the eggs alone or with your favorite hot sauce or a warmed tortilla, which you can heat in the microwave for about 15 seconds.

SCRAMBLED EGGS

The Goods

- 1 egg
- 1/2 shot finely diced green bell pepper
- 1/2 shot finely diced red bell pepper
- 1/2 shot finely diced sweet onion
- 1 shot finely diced mild cheddar cheese
- Pinch of salt
- Tortillas (optional)
- Hot sauce (optional)

The Tools

- Microwave
- Bowl
- Fork

DORM COOKING

A sweet twist on the everyday peanut butter sandwich

By Sara Benner
Daily Texan Staff
Originally published April 5, 2011

This recipe is a toasted peanut butter and a banana sandwich, paying homage to Elvis' favorite snack and my boyfriend's sister's infatuation with The King. So, in her honor, this week's recipe is a toasted peanut butter and banana sandwich — dorm-style — paired with crunchy homemade potato chips, fresh from your microwave.

“THE CHARLENA” SANDWICH

Making this gooey, crunchy and slightly sweet sandwich requires a clothing iron to allow the peanut butter to thicken and cook down as it mingles with fresh slices of banana.

First, preheat your iron to its hottest setting, usually the linen setting.

To prepare the sandwich for toasting, spread enough margarine to cover the entire piece of bread. Be sure to spread it even to the very edges of the bread. If your margarine is too difficult to spread, you can microwave it for 20 seconds. Then, choose one slice, flip it over and spread one tablespoon, or a hefty dollop, of peanut butter on the side that isn't buttered. Repeat for the other slice of bread.

Then, peel and slice your banana into roughly quarter-inch slices, or nine pieces, and spread them evenly on top of one of the peanut buttered slices. Put the second slice on top, peanut butter side down, buttered side up. So, your sandwich should have the buttered sides facing up, with the peanut butter and banana between the two slices.

Now fold a sheet of aluminum foil in half, and place your sandwich inside. Fold the outer edges, sealing the sandwich inside of the aluminum foil. Place the iron on top of the aluminum foil for two minutes, covering as much of the sandwich's surface with the iron as possible. Then move the iron in a circular motion for forty-five seconds, for an even heat distribution. Flip the aluminum foil over, and repeat for the opposite side.



Jono Foley | Daily Texan Staff

Turn off and unplug your clothing iron.

Allow “The Charlena” to cool for a minute or two, slice and enjoy.

POTATO CRISPS

(recipe adapted from FoodGal.com)

Potato chips are a snacktime favorite. Although you can easily pick up a bag of preservative and fattening potato chips nearly anywhere, these preservative-free delicate and slightly salty potato crisps are the perfect complement to the rich Charlena. You just have to be willing to peel some serious taters.

First, wash and dry your potato. Then, begin using your potato peeler to peel off thin, transparent slices. If you don't have a potato peeler, you can use a knife, but make your slices as thin and as uniform as possible, otherwise your cooking times may vary greatly from this recipe.

After you have sliced your potato, put the slices in a bowl and sprinkle with a pinch of salt and 1/4 teaspoon of extra virgin olive oil. Mix the ingredients with your hand.

Then, lightly coat a plate with nonstick cooking spray and place the slices on the plate, but make sure they do not touch each other.

“THE CHARLENA” SANDWICH

The Goods

- 1 tbsp. peanut butter
- 1 banana
- 2 slices of bread
- Margarine

The Tools

- Clothing iron
- Ironing board
- Plate
- Knife
- Aluminum foil



Serves one.

POTATO CRISPS

The Goods

- Red potatoes
- ¼ tsp. extra virgin olive oil
- Pinch of salt
- Nonstick cooking spray

The Tools

- Potato peeler
- Cutting board
- Bowl
- Plate



Serves two, maybe.

Microwave the slices for two minutes. Then carefully (because the plate and the chips will be really hot) flip the half-baked slices over and microwave again for another two minutes. Pay close attention to your chips as they are baking the second time around, because they may get scorched if left unattended. If your chips are thicker because you had to

use a knife instead of potato peeler, increase cooking time in the microwave. Again, keep careful watch over your potatoes.

After they are finished, allow them to cool and let them become crunchier. It is also worth noting that russet potatoes can also be used for this recipe; however, they will require a longer cooking time than the red potatoes.

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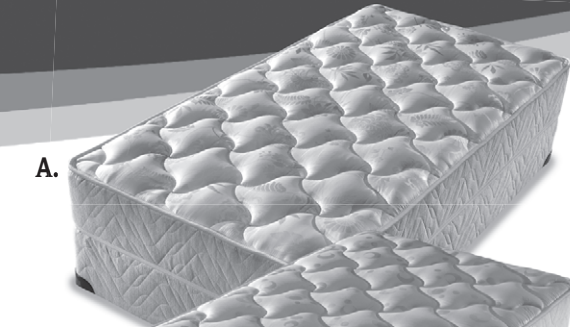
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DORM COOKING

Easy recipes to cook up in your dorm room

Note: This is a four-part series that looks at alternative ways to cook in your dorm, while being in accordance with the Division of Housing and Food Services' rules. This series ran in The Daily Texan's Life&Arts section this spring semester.

A quick iron-made snack, the 'Iron Man Quesadilla' is as tasty as it is unconventional

By Sara Benner
Daily Texan Staff
Originally published Jan. 31, 2011

After countless nights of macaroni and cheese and too many subpar experiences at mass volume dining halls, it's time to think outside of the box when it comes to easy-to-make, dorm cookery.

Cooking in a dorm presents a few conventional challenges such as dealing with a cramped space with no heating appliances with which to bake, grill or toast. There is also, of course, the seemingly insufficient amount of time and energy to explore your culinary possibilities. But with a few tips and some direction, you'll be able to make exciting dishes to give your palate a break from that insipid macaroni and cheese.

QUESADILLAS

Quesadillas are a common Tex-Mex dish, traditionally cooked in a pan on a stove. Since a kitchen is one of the things you give up when living in a college dorm, a pan and a stove are out of the question. A sheet of aluminum foil and a clothes iron, however, aren't.

To make "Iron Man Quesadillas," you'll need a clothing iron, an ironing board, two tortillas, a slice of pepper jack cheese, a half slice of jalapeno American cheese and a foot-

and-a-half sheet of aluminum foil.

After setting up your ironing board and gathering your ingredients, check your iron to make sure there isn't any water in it. The purpose of using an iron to cook quesadillas is its heating element, not its steam producing capabilities. Failure to remove the water will screw up your quesadilla and possibly your face. So pay extra attention here.

Next, plug in your iron and set it to the cotton setting. While the iron heats up, place two tortillas — one on top of the other — on the right side of your sheet of aluminum foil. Fold the left side of the aluminum foil over the tortillas. Leave at least an inch and a half of space between your tortillas and the edges of the foil.

Once your iron is hot, place the iron on top of the foil. Press the iron lightly in a circular motion for two minutes as if ironing delicate clothing, evenly distributing the heat to the tortillas beneath the foil.

After heating one side, carefully flip the wrapped tortillas and repeat for the other side. Afterward, unfold the aluminum foil and move the top tortilla aside, taking caution again because the tortilla will be hot. Next, rip your slice of pepper jack into fourths and place the pieces evenly on top of the remaining tortilla. Then add the jalapeno American cheese, ripping the half slice

into half-inch chunks, distributing them evenly on top of the pepper jack cheese.

Now place the other tortilla back on top and fold the aluminum foil back. The tortillas should be stacked on top of each other with layers of aluminum foil beneath and above the sandwiched tortillas.

To melt the cheese, place the iron on the center of the aluminum foil, heating the tortillas beneath it for one minute. Flip and repeat for the opposite side. The use of two different types of cheese creates gastronomic and visual intrigue as the distinct flavors and colors melt and mingle together.

Finally, unwrap the quesadilla carefully from the foil and let it sit for one minute to allow the cheese to further coalesce. Don't forget to unplug your iron while your quesadilla cools.

Garnish with salsa and enjoy!

SALSA

Salsa, a mixture of chopped tomatoes, onions, cilantro, lime juice and jalapenos, only tastes better with age. Making the salsa a few days ahead of time, if possible, allows for the ingredients to mingle, enhancing the flavor. The challenges presented by making homemade salsa in a dorm are the mess factor, time and technical knife skills. If you lack



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or have an aversion to using a knife for cooking, you may prefer to purchase canned, diced tomatoes, pre-diced onions, jarred cilantro, bottled lime juice and pre-cut (but not pickled) jalapenos.

If you're just lazy, you can buy premade salsa. For those seeking adventure, however, this recipe is very straightforward.

To make salsa, you'll need one cup of chopped tomatoes (about one large tomato) and one-third cup of

chopped onion (a little less than half an onion). Try using sweet, red onions; they're less prone to breaking your heart.

You'll also need two tablespoons of chopped cilantro, two tablespoons of lime juice and one jalapeno pepper that is stemmed, seeded and finely chopped. Before handling and chopping your jalapeno, remove your contacts and/or avoid touching your eyes, nose or any other mucous membranes. To avoid

potential chemical burns, wear rubber gloves while chopping fresh jalapenos, but if your stock of rubber gloves has just run out, use a paper towel to hold the jalapeno while you chop it. Wash your hands immediately after completing this task.

After chopping and dicing all of your ingredients, put them in a bowl, toss well and salt to taste. Serve chilled or at room temperature with your "Iron Man Quesadillas" or a bag of your favorite tortilla chips.

No reason to skip eating breakfast with this simple, delicious french toast and scrambled eggs meal

By Sara Benner
Daily Texan Staff
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University Health Services cites eating breakfast every day as the first of the "Quick Tips for Healthy Nutrition." It kick-starts your metabolism and gives your body the energy it needs to run efficiently throughout the day.

However, as a college student, waking up early and preparing breakfast in the morn-

ing loses its appeal as soon as your alarm goes off. If you do your prep work on Sunday night however, you can have a delectable breakfast in about five minutes.

FRENCH TOAST

French toast is an American breakfast classic. In France, it is called "pain perdu," or "lost bread," because the process of dipping the bread in milk and eggs before frying it allows you to salvage stale bread. So if you have

some stale bread, a shot glass, some spices and a clothing iron, you're already halfway through your list of ingredients.

For this recipe, if you care about your ironing board, it's recommended that you cover it with a towel to prevent various ingredients from getting on it and later ruining your clothes.

First, plug in your iron and heat to the hottest setting possible, usually the linen setting. Grab a piece of parchment paper and fold it in half. Cut the parchment paper so that it extends

about one inch beyond the edges of the bread. Cutting the parchment paper to this length allows steam to escape from your French toast, making it crunchy instead of soggy.

Remove bread and put aside. Spray the inside of your parchment paper lightly with non-stick cooking spray so that it is evenly coated.

To make the French toast batter, crack an egg into a mug, bowl, cup or whatever receptacle you have on hand and beat it with a fork until the egg whites and yolk are blended together.

Add milk, cinnamon, salt and vanilla to the egg, blending the ingredients together. Then, pour the mixture onto your dinner plate or bowl.

Next, place your bread into the mixture, allowing enough time for the first side to soak up some of the mixture but not enough for the bread to become saturated. Flip and repeat for the opposite side.

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